

## TRUST THE PROCESS, IT HAPPENS Magic of Basic- Season 4 /session 1

*The inquisitiveness of the beginner's mind, the curiosity of a child and the excitement of a learner creates a "Magic in the Basic" connecting everybody to the flow of knowledge in the universe of Homeopathy...*



This was the vision with which the "Magic of Basic" Season 4 commenced with its 1<sup>st</sup> session at the very beautiful as always Manas Mandir in Shahpur, India near Mumbai. It was attended by 97 homeopaths from **14 cities** (Mumbai, Pune, Nashik, Sangli, Sindgudurg, Belgum, Kolhapur, Ahmednagar, Ahemdabad, Bhavnagar, Anand, Rajkot, Chennai, Trichy) **across all over India**; It was a 2day seminar by Dr. Dinesh Chauhan conducted by Athato Brahma Jigyasa, a student friendly organization created by Drs. Urvi and Dinesh Chauhan.

The first session included the introduction, understanding and benefits of the basic 3steps in the case witnessing process backed up by cases and discussion, followed by a fun filled activity to get the live experience of the theory being studied during the workshop.

As always the session began with the **Doubts and the Difficulties** faced by the students in their practice during case taking and also in their conceptual understanding from Homoeopathic case taking point of view. Questions right from why the case taking should be case witnessing to the methods for appropriate search for the similimum were discussed.



- ψ Through the discussion an important point came up was why we observe discrepancy between 2 homeopaths, usually they come to different remedies in the same patient, where is the science then? Can we have such a method of case taking wherein it gives us consistency, assurance of result and where every Homeopath comes to a common understanding of the centre of the patient? And thus followed the journey of case taking or rather, to be more precise case witnessing and its fundamental understanding!
- ψ Dr. Dinesh explained the basic 3 steps of Passive, Active, Active-active case witnessing process, giving explicit examples from nature and realm of physics, psychology and philosophy proving the **universality of the 3 steps** in various phenomenon in nature, and applying it to the Homeopathic case taking. The underlying **simplicity** in these steps and **ease to reproduce** them in practice were followed by all.
- ψ The **Passive** case witnessing process being the one where a lot of space is given to the patient, he is allowed to touch any area of his life that which is the out of place, out of proportion, out of order is noted and all the PQRS symptoms at the physical, general and holistic level are noted, to find a common **focus** out of all these peculiar expressions. In the **Active** case witnessing process the focus is confirmed noting all the changes in the patient while travelling into the next step, the **Active-Active** which is the realm of complete non-human process wherein the kingdom, sub-kingdom, miasm, source is revealed and we come to the similimum.
- ψ With these 3 steps for the case witnessing process Dr. Dinesh Chauhan demonstrated how all methodologies to come to the similimum are one and the same, **all schools of thoughts unite at**

**this common point** of searching the **individualistic expression at the holistic level** for entering the patients centre. And also showed us the connection between the contemporary and the traditional methods in homeopathy and proved that contemporary is just the extension of the traditional, it doesn't discard the traditional rather the understanding advances...

- Ψ Every step was explained in detail with the importance. Other points like: observing the Hand Gestures, the defenses thrown by the patient, the eye movements etc.etc. were discussed in brief though (laying the base for next workshop).
- Ψ The theoretical part of 3steps was backed up by the practical application of this process in cases. In the case of **Picric Acid**, systematically through the Passive, Active and Active-Active the center of the patient was reached and understanding his individualistic holistic experience of "putting effort of stretching the mind beyond its capacity leading to physical fatigue" was elicited. Related to this, different Acids were discussed and in detail how each differs from the other was understood.
- Ψ In the next case, a **case of Cysticercosis** (SOL in the frontal lobe) of a girl aged 8 was shown. A different approach to the case was taught through this case; the girl was observed to be loquacious and spoke extensively about trivial issues of her life which proved to be the real unique feature about the child because for any questions that were being asked to her, her answer would reflect this **UNIQUE PATTERN**. The Passive phase of case really helped to understand this unique pattern of the child (to talk extensively about trivial matter). The understanding of the centre was confirmed even by the mother's observation of the child and her History during pregnancy. Students were explained as to how to come at various rubrics with minimum interpretation and to take those rubrics related to the holistic centre rather than those relating to the peripheral symptoms. Various remedies such as Paris Quadrifolia, Mephitis, Teucrium, Agaricus, Solanaceae family drugs, etc. etc. were differentiated from the simillimum (**Lachesis**) the child needed.



The different concepts of how to know the case is complete, importance of mother's history during pregnancy and important points for children cases were discussed.

The session was followed by a fun-filled activity created by Dr. Urvi Chauhan with support of abjf team- "**trust the process, it happens**"; the motive was to bring alive the benefit offered by three steps of case witnessing by letting them experience the taste of it-there and there; at the end of this fun game, **each participants had a tummy-filled hilarious moment, heartfelt experience for which the entire activity was designed and a memorable gift (hand-painted folder) to be packed and carried back at home!**



Thus, the whole session concluded with a beautiful insight into the fundamentals of the case witnessing process giving all the participants a new perspective that encompassed the link between the contemporary and the traditional methods in homeopathy and their presence as a beautiful necklace of beads running through a single common thread. The workshop ended with the promise to continue with the advance study in the case witnessing process to tackle the difficult cases from the practice, to follow the therapeutic effect of case witnessing for the patients and the healer alike for the next ABJF sessions (recent most being December 2012.).

