

ABJF WORKSHOP

DEC 2012

... Review by
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Yet another wonderful experience of learning from the pioneer, Dr Dinesh Chauhan. This was the second workshop of the annual series organised by Dr. Urvi Chauhan and her team at Manas mandir, Shahpur. Crossing the century mark, participants poured in from different parts of India. The most impressive were the Tamil Nadu participants as their enthusiasm to learn was an inspiration to all the others.

The first day kicked start by Dr Urvi chanting the prayer "Om Namo Narayana". In this meditative aura the session took off with Dr. Chauhan's breathtaking video case of Hyoscyamus. His 3D explanation of the case made the whole room charged up with energy. Witnessing the case, coming to the focus of the patient and scientifically solving the case made all the participants run their brain channels. The systematic, simple and reproducible case witnessing method stamps the belief "I can do it!!"

Post lunch was a lively afternoon session. Dr. Chauhan known for arousing the zeal inside of you, held all the participants erect posture and wide open eyes. We witnessed another learning case of a Carcinosis Nosode. The case cleared up many doubts regarding the Nosode kingdom, as to, what is the Nosode theme, how to understand and perceive it in a patient, etc.

As the 5 o'clock bells rang, we all dispersed for dinner. Manas Mandir being a Jain pilgrim place, there is ritual of early dinner before the sun sets in.

It then was the time to experience the aesthetic calmness of the place. The Jain temple is located on a hill. Walking up under the dark blue sky with twinkling stars was itself serene. For the new participants from Goa it was an unusual affair. On conversing, one of them shared, "thanks to ABJF to get us close to ourselves and nature here." The self-breath hearing silence of the surrounding rejuvenated the soul.



Though the day was reaching its end, we were to start our night session. In this we further discussed on the not-so-commonly-known Nosode theme and Sarcode theme. Also the participants actively came up with their queries.

The charm of the evening was a 'surprise event'. It was an activity where, keeping their eyes closed, each participant had to think of an important question in his or her life. Further they had to pick up a shell (hand-picked and prepared by ABJF core team). Each piece had a message for each individual. These messages were like omens from the angels to bring answer to each one's questions. Everyone then willingly shared their experience with the class. Finally to wind up the day everyone lit candles welcoming the new year 2013. This memorable moment has been captured in our hearts that ensures its presence, alive and forever.

On another sunrise to explore the depths of Homeopathic case witnessing, everyone gathered in the lecture hall early morning. We again started off on another patient's life journey. This time it was a case of *Berberis Aquifolium*. Post witnessing the case, along with Berberidaceae family, glimpses of other plant families also came up from the master (Dr. Dinesh).

In the last session before winding up, Dr. Chauhan tackled some of the most tricky questions put forward by the Homeopathic doctors. He discussed topics like

- How to derive thematic Materia Medica
- How to understand the Holistic picture of any remedy
- How to consider the Holistic centre (Materia Medica+ repertory+ proving+ natural state) to reach a similimum
- Case witnessing process in Acute exaggeration
- Herrings law of direction of cure:

It was then the time when everyone had to catch up their trains for home destinations. After one and half day, all the participants were full of self confidence and zeal. Waiting to observe the practical application of everything learnt in their clinical practices. Fully charged up with knowledge everyone departed with a hope of meeting again for the next sessions.

ABJF workshop is being reputed for its Holistic experience of learning with joy. I am grateful to have been a part of it.