

Homoeopathic Links [International]

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It is so often repeated, mindlessly, that we treat the whole human being, but do we really perceive the whole being? In his new great little book Dinesh Chauhan is going the whole way in insisting that we have to incorporate all the parts of the human being we witness, to understand the core. We cannot decide for the patient what parts are important, we have to let the patient show us what is central. Chauhan starts his book with the quote "The whole is composed of parts..all of which parts combine together to make up the whole which is greater than the sum of its parts"

Dinesh Chauhan belongs the next generation of the "Bombay Group" and has his own angle on things. He is a busy international teacher. In his first book "A Journey Into the Human Core" Chauhan has focused on one of the areas he is very knowledgeable about; the art of case taking. Or the Case Witnessing Process as Chauhan calls it, indicating that he does not "take" the case but is a witness. The book springs from the author's need to understand the complete human being to investigate what good case witnessing is all about. Having attended many of Chauhan's seminars I know that this pursuit has resulted in great insights and results. So much more important that this book is published to share the profound yet simple insight about the human being and the power of witnessing.

It's a clear and concise book. The thoughts about the human being, the disease and the case witnessing are presented step by step in a transparent logic way that leads you deeper and deeper into the understanding without ever losing the reader. It is interesting that this book is not concerned with remedies, rubrics, keynotes or affinities, but really has a admirably consistent focus on the process of understanding the human being and how we express and perceive the altered energy that is visible in the whole being.

In Part 1 Chauhan presents his thought about how energy is manifested in the human being, what a human being is, how we can perceive the altered energy pattern in the patient and how to lead the patient gently towards his core.

Chauhan builds up an elegant argument starting with the Big Bang and First Law of Thermodynamics to explain that the first manifestation of energy is sensation. He then step by step show us what constitutes a human being, from Energy to Physical Particulars. The deepest symptom is altered energy, but the deepest easily perceivable symptom is altered sensations, existing before the mind/ body level. "Any change in these vibrations result in change in manifestation".

How do we perceive/ express this subconscious altered energy? Chauhan writes:

" Gestures open a window to mind, body and beyond mind and body. Taking the gestures into account, we see (energy) patterns not revealed in speech(words)alone. Rather we see more comprehensively how meanings are constructed through it"

Having in this very clear and convincing way defined what a human being is, how we perceive altered energy, what a remedy is and what cure is Chauhan goes on to Part 2.

In to Part 2 the theory is explained further through four really interesting cases that are analysed minutely step by step through the very delicate and non-invasive case witnessing process.

Using illustrations of hand gestures, schematic overviews of the case constituents and process towards the core Chauhan manages to convey his understanding of the case and the process. This is done in a way that clearly shows what is happening and makes it possible for the reader to actually follow the journey into the human core and to learn the gentle but immensely precise case witnessing method.

Chauhan ends his book with a collection of quotes from master of homeopathy like Kent, Roberts, Close, Vithoulkas and Sankaran all expressing thought relevant to the subject of the book.

I can warmly recommend this book for anyone genuinely interested in real holistic case taking.