

Homeopathic Homeorizon

Reviewed By: Dr. A.K.Srivastava

The name of Dr. Dinesh Chauhan does not need much introduction in the circles of Bombay School, he has been a student and close associate of Dr. Rajan Sankaran. In this book Dr. Chauhan guides the reader in the step-by-step journey into the human core- providing a better understanding of the essence of individual. The book specially focuses on the concepts of Vital sensation and the 7th level of pure energy that Dr. Sankaran has elaborated recently.

The book is divided in two parts. The first part deals with the theory and the second part has the cases to show the application of the theory in practice.

The **first part** of the book deals with the biophysical explanation of the Vital Force as a form of energy into mind and body.

Human Core = (Energy + Sensation + Perception + Feeling + Reaction + Physical general + Physical particular) and the Energy flows from higher form i.e. Sensation to lower forms i.e. Physical particulars. This concept has been used by Dr. Chauhan in his book to describe the concept of health and disease. He also explains the different form of energy/vibrations in health and disease state.

Disease is the altered vibrational pattern and awareness of the same is cure.

He also explains the vibration patterns of different drug sources, thus helping in the choice of source of the similimum for complete cure. Having explained the significance of the energy levels the author describes the method of perceiving the energy/vibration patterns i.e. through gestures. Among these he explains the method of reading between the lines of the language of patient i.e. understanding of Gestures.

Gestures open a window to mind, body and beyond mind and body to reach the core of patient. Through the use of diagrams and words of patient the writer has very beautifully depicted different sensations (picturesque description has always been a strong foothold of Dr. Chauhan); this surely helps the reader to understand the vital sensations of patient.

In the **second part** of the book, Practical illustrations of the concept have been given. The four cases that have been presented help in the better understanding of Dr. Sankaran's concepts and Dr. Chauhan's practical approach. The drawings of hand gestures of patient are good and prove useful in understanding the cases.

The book ends with some excerpts from the Masters of Homeopathy on 'Concept of Totality'.

Indeed a promising book, the delineation of various sensations would be a great aid in deciphering the sensations of patient by all homeopaths. A must read for all those who want to explore the concept of energy patterns in understanding the human core.