

# Athato Brahma Jigyasa Foundation (ABJF)

## Magic of Basic (Season2) Session II

Date: 16<sup>th</sup> and 17<sup>th</sup> Oct 2010 Venue: Mahavirdham, Virar

Number of Participants: 60 (Diwali special)



This season was **flavoured by various colours and bright spirit quite in tune with the approaching Diwali**- be it the spirit of Dr. Dinesh Chauhan to get set go in spite of his fractured foot, be it the enthusiasm of participants to get set go in spite of a season almost approaching Diwali, or the spirit of ABJF organizing team headed by Dr. Urvi Chauhan and supported by Dr. Devhuti Toprani, Dr. Riddhi Joshi and the rest.



The menu that got served were flavoured with various recipes that include lectures, video cases, open heart discussion upon the subject-“Homoeopathy” (close to each ones heart) in general and **Case Witnessing Process** in specific-which was the spice of the menu; -the fire of discussion upon the subjects which began in the first session (August 2010) got its boost up dose of Ghee in this session- the basics of CWP was explored further along with introduction and explanation of various other aspects of CWP –

**Connection of Ashtang Yoga with the three wings of CWP and explanation upon how they can impact to create a healing space for our patients** (if practiced properly) was served as the main course of the food and mind you all seasoned with due video cases-

There was a case of a women suffering from Lichen Plannus, another suffered from chronic fatigue syndrome and the third –a case of Recurrent GIT problems - ; the beauty of the cases were **to witness how each of them travelled the journey of case taking till their core with ease thanks to the process of CWP and how beautifully they got connected with their source**; not only this, the second case could also speak of the source language present in the deeper proving or in the mythological stories associated with the source remedy he required; they received Hummingbird, Ostrich and Merc- Sulph respectively.



Besides such mouth watering recipes that got served for the brain, there were food for the heart as well as soul – the late evening discussion was followed by distribution of **hand-painted Diyas** to all the participants and facilitation of organizing team members of ABJF by Dr. Urvi Chauhan- these diyas were hand-painted by **Dr. Urvi Chauhan, Dr. Devhuti and Dr. Riddhi** themselves - which was followed by **Bhajan chanting musical evening**- presence of Full moon of the SHARAD PURNIMA that night served as icing on the cake; the next day began with early morning **Yoga session** and then the discussion upon CWP and video cases was carried further.



Diwali brought a lot of colours for ABJF and these colours are the contributions of everybody- all the participants, all the donors, organizing team and the lecturer.



# Thank you All